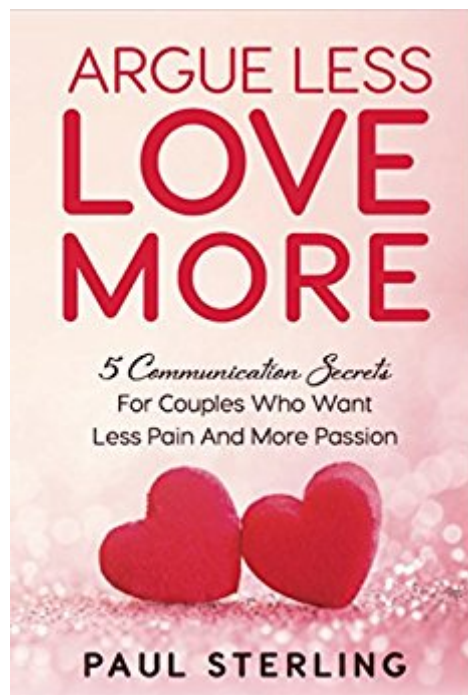


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# Argue Less Love More: 5 Communication Secrets For Couples Who Want Less Pain And More Passion



## Synopsis

When your communication falls apart | so does your relationship! In this groundbreaking book, you'll discover the five painful mistakes that cause communication to break down, and you'll learn how to stop them. \*\*\* ACT QUICK! CLICK READ MORE TO FIND OUT HOW TO GET 3 GREAT EARLY-BUYER BONUSES AVAILABLE UNTIL MIDNIGHT SEPTEMBER 15. \*\*\*THIS BOOK IS FOR YOU IF:

- You are tired of small disagreements blowing up into big fights
- You still love each other, but hate the way you deal with conflicts
- You want open, honest, compassionate communication
- You want to bring back love, trust, and intimacy
- You want less pain and more passion in your relationship

\*\*\* EARLY-BUYER BONUS ONE WEEK ONLY! \*\*\*

Receive these three great bonuses when you grab a copy of my book between Thursday, September 8 and midnight Thursday, September 15 (Pacific Time):

- FREE LIVE WEBINAR: An opportunity to meet the author online and get your relationship/communication questions answered
- FREE RELATIONSHIP-SAVING VIDEOS: Seven short videos that illustrate key points in the book
- FREE CHEAT SHEET FOR YOUR REFRIGERATOR: A printable summary of key tips and tools from the book, for those relationship situations (downloadable PDF). Here's how to get your bonuses: Go to [www.magicrelationship.net/bookbonus.htm](http://www.magicrelationship.net/bookbonus.htm) Enter your name, email address, and receipt number

Get the book and study it. Understanding and avoiding the 5 hurtful mistakes Paul points out in this book will help you prevent many of your upsets and arguments and bring back open and honest communication to your relationship.

- "Scott Catamas, founder, Love Coach Academy" "This is a good starting point for people who are at a point in their relationship where they might not feel connected anymore."
- "Sassy" "A quick read with immediate results. | There is nothing in this book that you don't need."
- "Cathleene Cienfuegos" "Such a good book! Clear and simple -- but challenging! There is a lot of really useful material here that requires some real attention, study, and practice."

Mary C. Paul Sterling is an international public speaker, author, and relationship coach. He is the developer of a wide array of relationship and communication tools for couples and individuals, including:

- The Magic Relationship Method
- The "From Feeling Ignored to Being Adored" system
- The "ARGUE LESS LOVE MORE" workshops

For over 20 years, Paul has helped couples who are stuck in a downward spiral turn their relationships around. Paul's communication system makes sure that both people feel heard, understood, and valued. He studied extensively with the founder of Nonviolent Communication, is certified in Neuro-Associative Communication by Tony Robbins, and is a master practitioner of Neuro-Linguistic Programming and a certified tantra educator. When he is not traveling around the world and teaching, Paul enjoys

white water kayaking in Colorado and learning how to surf in Hawaii.<http://www.MagicRelationship.com>

## **Book Information**

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## **Customer Reviews**

I feel like this is a good starting point for people who are at a point in their relationship where they might not feel connected anymore. The book gives tips and examples on "how to" and "how not" to communicate. One of the things it talked about was something called "case building". This is when we "make a case" against someone and tell them all the bad without really listening to the their reasons or their feelings. One of the examples was a parenting example and I found that to be really reflective of how a lot of people parent, including how I was parented. So, even though this book is marketed towards romantic relationships, I think the communication techniques can be used in most situations. The authors give TONS of exercises and practical application quizzes, and there are also videos on his website that correlate to the readings in the book so it's a lot of information in short book.

Argue Less Love More is a 911 call for your relationship! A quick read with immediate results. Paul Shares 5 easily recognizable things we all do that get in the way of being heard, seen, understood and connected. Paul is super concise, compassionate and humorous. There is nothing in this book that you don't need. Seeing these 5 ways that my partner and I have missed out on being really present with each other has re-ignited the love that we always knew was there somewhere. I can't wait for the next installment...!

Paul has a gift for linking big ideas to everyday life, in an instantly usable form. . . .they are presented so simply and intuitively that you can't help but start using them as soon as you close the book! "Cup Stuffing" for example is so obvious once he points it out, and it is usable, right now, with yourself and with others. The power, practicality, and simplicity of this idea is simply amazing. My partner and I were in deep trouble. We were deadlocked in a pattern of constant bickering and frustration with each other. Paul helped us to identify our dysfunctional communication patterns and breathed new life into our relationship after just one session, and of course we continued on! This book is beautiful beautiful summary of many of the key lessons we learned from this gifted teacher and friend. And each tool, so simple and obvious at first, grows deeper, richer, more nuanced as you use it in your life. Oh, and we are in love again!

Such a good book! Clear and simple -- but challenging! There is a lot of really useful material here that requires some real attention, study, and practice. Although it is aimed at couples, the advice is equally valuable for other relationships -- family and friends. Paul Sterling is a master and his message represents a leap in consciousness for those of us striving for more love.

This book moves well beyond the usual self-help category by providing real hands in the clay instruction on how to create the relationship you want. Sterling seems to hit the nail right on the head when he teaches about communication in relationships - making it clear that it's in communication where we build intimacy and connection. Using his techniques, which he makes simple and easy to use, I can dramatically alter my experience with others IMMEDIATELY. I love how the author gives specific examples along the way, making it doable to apply the concepts to my own life. One of the other things I got out of this book - more so than any other relationship book I've read - is Sterling's commitment to the reader her/himself. That the tools and techniques in this book makes one's own life better - both in and outside of their relationship.

Argue Less, Love More Do you and your mate want a smoother relationship? Have you tried reading books and article to vague to immediately use? In "Argue Less, Love More" • Paul Sterling succinctly distills the guidance of leading communications specialists into a user-friendly manual which reads like cliff notes. After decades of counseling couples Sterling offers us the insights and language which derails distancing patterns (such as "case building"™) and gives us the language to invite openness using specific questions tailored to bridge common communication gaps. If you truly want to understand and be understood this quick read is a great handbook of useful phrases and tools that can open your hearts to one another and build the comfort and trust we all want with our mates " or children! Widely applicable. I look forward to using Argue Less, Love More with my husband and clients. Jean Guenther, couple's counselor for 44 years

"As the founder of the Love Coach Academy, I have helped to train other relationship coaches and I am always checking out leading teachers, and Coaches. Paul Sterling is terrific; he's honest, real and very smart. Get the book and study it. Understanding and avoiding the 5 hurtful mistakes Paul points out in this book will help you prevent many of your upsets and arguments and bring back open and honest communication to your relationship." • Scott Catamas " Love Coach Academy, CA

Paul has a fresh take on some of the most common communication problems in relationships. I was lucky enough to take one of his in-person workshops where he shared some of this material and now it's available in a convenient book form. Thanks, Paul!

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